



## INTUITION YOUR DIVINE LIGHT WITHIN

Join Bonnie Ross in this fascinating and unique 6-week program and awaken your passions, ignite your intuition and transcend the conditioned, ego-based consciousness. Your divine light within is the place where your higher self, true essence and presence of soul lives.

Experience a soul connection as you become "present" and connected with your true essence. Bonnie uses: meditation, drumming and powerful teachings to bring you to a heightened state of conscious awareness. The meditative practice of drumming raises your vibrational energy, which relaxes and enhances creativity and intuition. Inspiration and community unfold in this magical setting.

Learn how to live a more spontaneous, creative, intuitive, balanced and purposeful life by:

- Understanding and managing human, earth and universal life force energy
- Learning important grounding, clearing, focusing and protection techniques
- Exploring your spiritual backbone-The chakras
- Honoring your higher self and six-sensory living
- Interpreting energy-psychometry skills-intuition development
- Healing emotions, transcending ego-The Power of Now-and your spiritual path
- Welcoming the world of spirit-your divine support system
- Healing with gem stones-Crystal Wisdom
- Celebrating, manifesting, ceremony and ritual, the healing power of the drum

*Don't miss this empowering group opportunity!*

**Dates:** Tuesdays, 7-10 p.m. - September 21st to October 26th, 2010

**Location:** 2 Parthenon Square, Brampton

**Fee:** \$360

**Free Introductory Class:** Tuesday, September 14th - 7:00 - 8:30 p.m.

**To register:** Contact Bonnie at [info@bonnieross.com](mailto:info@bonnieross.com) or call 416-707-3286

**Dates:** Tuesdays, 7-10 p.m. - November 2nd to December 7th, 2010

**Location:** NostalgiaBooks, 274 Lakeshore Road East, Port Credit

**Fee:** \$360

**Free Introductory Class:** Wednesday, September 15th - 7:00 - 8:30 p.m.

**To register:** Contact Bonnie at [info@bonnieross.com](mailto:info@bonnieross.com) or call 416-707-3286