



INTUITION YOUR DIVINE LIGHT WITHIN

Join Bonnie Ross in this fascinating and unique 6-week program and awaken your passions, ignite your intuition and transcend the conditioned, ego-based consciousness. Your divine light within is the place where your higher self, true essence and presence of soul lives.

Experience a soul connection as you become "present" and connected with your true essence. Bonnie uses: meditation, drumming and powerful teachings to bring you to a heightened state of conscious awareness. The meditative practice of drumming raises your vibrational energy, which relaxes and enhances creativity and intuition. Inspiration and community unfold in this magical setting.

Learn how to live a more spontaneous, creative, intuitive, balanced and purposeful life by:

- Understanding and managing human, earth and universal life force energy
- Learning important grounding, clearing, focusing and protection techniques
- Exploring your spiritual backbone-The chakras
- Honoring your higher self and six-sensory living
- Interpreting energy-psychometry skills-intuition development
- Healing emotions, transcending ego-The Power of Now-and your spiritual path
- Welcoming the world of spirit-your divine support system
- Healing with gem stones-Crystal Wisdom
- Celebrating, manifesting, ceremony and ritual, the healing power of the drum

Don't miss this empowering group opportunity!

Dates: Tuesdays, 7:00 p.m. - May 18th to June 29th, 2010

Location: NostalgiaBooks 274 Lakeshore Rd. E., Port Credit

Fee: \$350

To register: Contact Sylvia at mcmurtry.sylvia@gmail.com 905-891-9679, or info@bonnieross.com 416-707-3286

Don't miss Bonnie's **FREE** Intuition Development workshop:
May 4th or May 11th - 7 p.m. to 8:30 p.m.
NostalgiaBooks, Port Credit